

# Pterygium

## **What is a pterygium?**

A pterygium is a thickening of the tissue on the white part of the eye. It is usually more noticeable on the side closest to the nose.

## **What does it look like?**

It is triangular in shape and grows onto the clear surface of the eye (the cornea). The condition is very common in people who are persistently exposed to dust and wind, especially in hot climates.

## **Treatment**

Pterygiae do not get better on their own but may not cause any problems. If a pterygium becomes red and inflamed, a doctor can prescribe drops to soothe and treat any infection. Surgery is considered if the pterygium grows to the extent that it interferes with your vision.