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world class care and expertise

**Private Patients**  
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## Cardiology services

Royal Free London NHS Foundation Trust is the flagship of one of the most prestigious medical institutions in the United Kingdom. Our services are underpinned by world class research and teaching. We are committed to providing the highest standards of care, looking after patients before, during and after surgery.

Our cardiology department provides a comprehensive service with in-patient and out-patient facilities for the investigation and treatment of heart problems.

Our diagnostic secondary and tertiary cardiology services are state of the art, delivered by a large multi-disciplinary team of highly skilled consultant cardiologists supported by cardiac physiologists, radiographers, administrative staff and nurses, each of whom has a specialist interest in acute nursing.

Consultants in other specialities work in close liaison with the cardiology team.

This team of specialists is dedicated to giving patients swift access to high quality diagnostic cardiac investigations, using the latest medical technology.

### 24/7 consultant-led service

**Consultants are available 24 hours a day, seven days a week to provide specialist care for cardiac patients. There is a designated "consultant of the week" attending service as well a comprehensive invasive on-call rota.**

**The Private Patients Unit also has a dedicated team of Resident Medical Officers who are based on 12th floor, who liaise with all consultants to provide comprehensive medical support to patients.**

The consultants are supported by a large multi-disciplinary team of cardiac physiologists, radiographers, administrative staff and nurses. All the nurses in the Private Patients Unit have been recruited with a clinical background or interest in ITU/HDU and coronary care. The team liaises closely with consultants in other specialities.



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# Specialist services

## **Integrated cardiac imaging**

The department is a centre for integrated cardiac imaging with state of the art echocardiography (700 to 800 PCI stress echocardiograms a year, transoesophageal, 3-D and contrast echocardiography), cardiac CT and access to MRI.

## **Invasive cardiology**

We offer a full service in invasive and interventional cardiology, performing over 3000 procedures annually through our specialist cardiac catheter laboratories. Over 700 percutaneous coronary interventions are performed a year.

Royal Free London NHS Foundation Trust is one of London's eight designated "heart attack centres" providing 24/7 emergency angioplasty treatment for patients presenting with acute ST elevation myocardial infarction. This service admits patients directly, by-passing A&E, for immediate consultant-delivered treatment. We have the overall best performance in London for the speed of treating heart

attack patients and were runners-up in the BMJ Awards Secondary Care Team of the Year 2010.

We provide a comprehensive service for permanent pacemaker insertion and device therapy including the implantation of cardio defibrillators (ICD) and atrio-biventricular pacemakers for heart failure patients.

## **Heart failure**

We have a dedicated heart failure team comprising specialist consultants supported by a nurse specialist for initial assessment, diagnosis and treatment.

## **Adult pulmonary hypertension**

The Royal Free London NHS Foundation Trust is a national centre for adult pulmonary hypertension specialising in treating patients with scleroderma-associated pulmonary hypertension. This service comprises two dedicated consultants and a team of specialist nurses. It has an international reputation for its quality of service and research portfolio.

## **Carcinoid heart disease**

We have the largest carcinoid heart disease clinic in Europe specialising, in conjunction with the neuro-endocrine tumour unit, in treating these patients with complex valvular heart disease.

## **Cardiac amyloid**

We specialize in the treatment of patients with cardiac amyloidosis and work closely with the team from the National Amyloidosis centre.

## **Inherited hypercholesterolaemia**

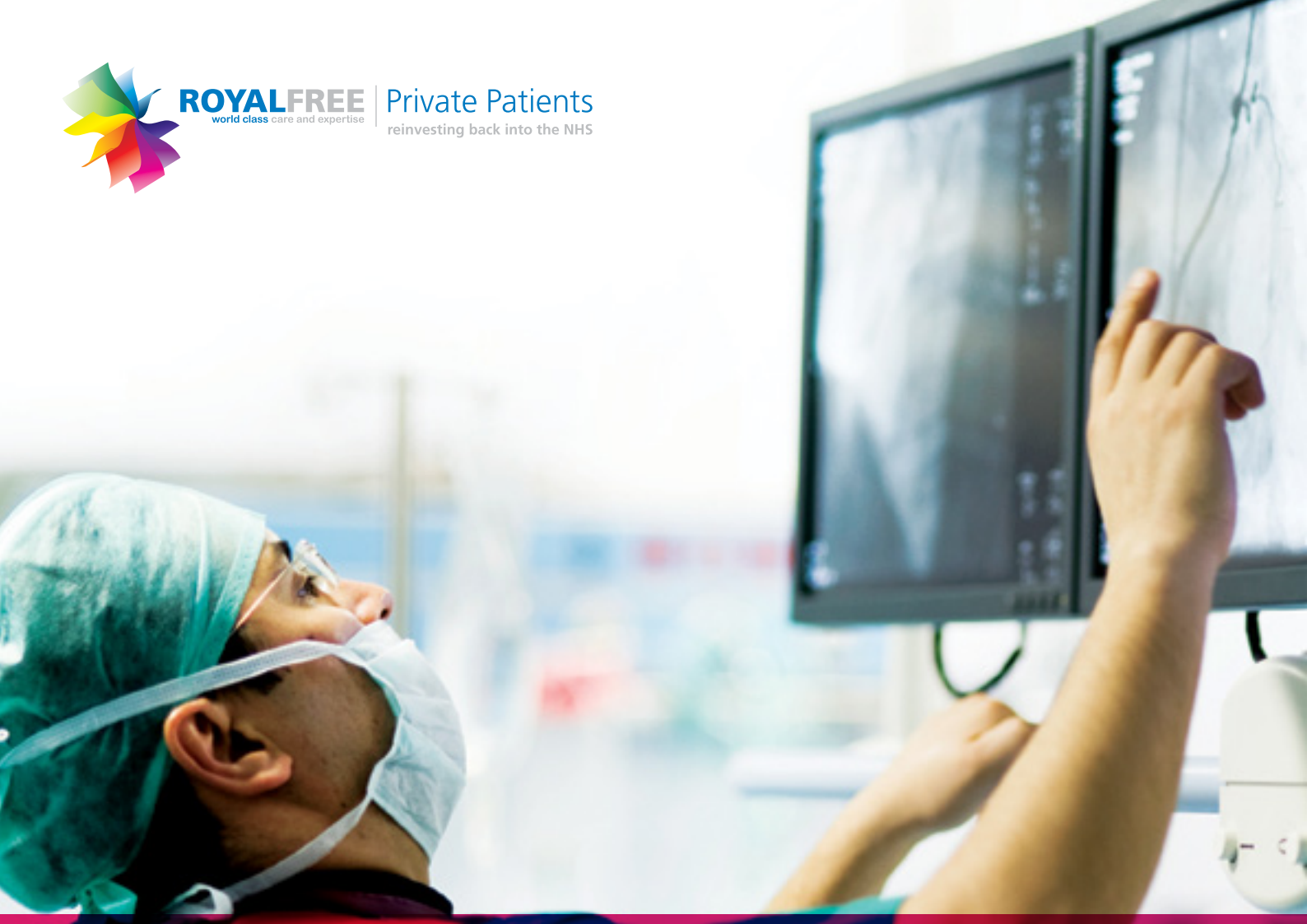
The department has a dedicated lipid team looking after patients with raised cholesterol. It holds clinics in cardiovascular risk prevention and weight management and is a national centre for patients and families with inherited (familial) hypercholesterolaemia.

Royal Free Private Patients  
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# Summary cardiology service portfolio

The full range of services offered by the specialist cardiological team at the Royal Free Private Patients Unit includes:

## General cardiology

- Angina/ coronary artery disease
  - Cardiac catheterisation
  - Percutaneous coronary intervention
- Heart failure
- Valvular heart disease
- Hypertension
- Arrhythmia
  - Permanent pacemaker insertion and follow up
  - Device therapy (including defibrillator and biventricular pacemaker implantation)
  - Hyperlipidaemia
- Cardiac rehabilitation
- Cardiovascular prevention and weight management

## Specialist services

- Adult pulmonary hypertension
- Amyloid heart disease
- Carcinoid heart disease
- Inherited familial hyperlipidemia

## Non-invasive investigations

- Electrocardiogram (ECG)
- Exercise/stress ECG
- Echocardiogram
- Stress echocardiogram
- Transoesophageal echocardiogram
- 24-hour ECG monitoring and loop monitoring
- 24-hour blood pressure monitoring
- Myocardial perfusion imaging
- CT coronary angiography
- Cardiac MRI



# Consultants

**Dr J Gerry Coghlan MD MRCP FRCP**  
Consultant Cardiologist

**Special Interests:**

Interventional cardiology, heart failure, pulmonary hypertension, pacemaker and arrhythmias.

**Dr Joseph Davar MRCP MD PhD**  
Consultant Cardiologist

**Special Interests:**

Valvular heart disease, heart failure, coronary artery disease, hypertension, carcinoid heart disease echocardiography, stress echocardiography, transoesophageal echo, CT coronary angiography and non-invasive assessment of cardiac diseases.

**Dr Anna Herrey MD PhD MRCP**  
Consultant Cardiologist

**Special Interests:**

Non-invasive cardiac imaging (magnetic resonance and echocardiography) and maternal cardiology (cardiac patients who are or would like to become pregnant).

**Dr Paramjit Jeetley MD MRCP**  
Consultant Cardiologist

**Special Interests:**

Valvular heart disease, heart failure, coronary artery disease, echocardiography, transoesophageal and stress echocardiography, CT coronary angiography and non-invasive assessment of cardiac diseases.

**Dr Devi Nair BSc MSc MBBS FRCPATH**  
Consultant in clinical biochemistry

**Special Interests:**

Familial hyperlipidaemia, familial hypercholesterolaemia, statin intolerance, CVD screening in the community and cardiovascular risk in South Asian population.

**Dr Roby Rakhit BSc MD FRCP**  
Consultant Cardiologist

Honorary senior lecturer – UCL, Clinical Director of Cardiology, Clinical lead for coronary intervention.

**Special Interests:**

Interventional cardiology (percutaneous coronary intervention), angina, ischemic heart disease, acute coronary heart disease, permanent pacing, hypertension, valvular heart disease, heart failure, cardioembolism and stroke.

**Dr Dominic Rogers MA MRCP**  
Consultant Cardiologist

Clinical lead for arrhythmias.

**Special Interests:**

Implantable defibrillators (ICDs), biventricular pacemakers, heart failure, arrhythmias, pacemakers, coronary angiography and percutaneous coronary intervention.

**Dr Carol Whelan MD MRCP**  
Consultant Cardiologist

Clinical lead for heart failure and cardiac amyloid.

**Special Interests:**

Heart failure, cardiac amyloidosis, echocardiography, stress echocardiography and transoesophageal echocardiography.

**Dr Man Fi Shiu MD FRCP**  
Consultant Cardiologist

Clinical lead cardiac catheter laboratories.

**Special Interests:**

Coronary angiography and percutaneous coronary intervention, implantable defibrillators (ICDs), biventricular pacemakers pacing, balloon mitral valvuloplasty.

**Contact the Royal Free London Private Patients Unit Referrals team to book your appointment:**

- Direct dial ..... +44 (0)20 7317 7751
- Fax ..... +44 (0)20 7830 2089
- E-mail ..... rf.privateenquiries@nhs.net
- Website..... www.royalfreeprivatepatients.com  
Please fill out the online enquiry form



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# Private Patient facilities

The Private Patients Unit (PPU) is part of The Royal Free London NHS Foundation Trust, which has some 900 beds. Its 5,500 staff see about 700,000 patients a year from all over the world. It was designated "Large Trust of the Year 2010" by the UK's leading provider of healthcare service information, Dr Foster's Hospital Guide.

In the latest annual ratings by the UK's Care Quality Commission, the Royal Free London NHS Foundation Trust was designated "excellent" for the quality of its services for the third year running.

We provide high class facilities and a welcoming environment for patients and visitors. All of the hospital's services are available to private patients, 24 hours a day. Our wide-ranging expertise and modern facilities support the highest standards of care.

## Patient rooms

The PPU is on the 12th floor of the hospital. All the rooms have amazing views on to Hampstead Heath or London's landmarks, as well as:

- en-suite facilities
- satellite television with remote control
- telephone with direct dial numbers
- Wi-Fi
- nurse call facilities
- five star private catering service (Hallal and Kosher available)
- a complimentary newspaper delivered daily as required.

Four dedicated centrally-monitored high-dependency beds have been set aside in our dedicated 12th floor ward, which has been newly refurbished to high standards.

The PPU has its own dedicated kitchen which provides a five star room service. A key priority of the unit's staff is to provide a caring, friendly and helpful service, with clear information and explanations.

## Visiting

Visiting times are unrestricted, but we ask all visitors to leave the hospital by 10pm for security reasons. Visiting with children is limited.

## International patients

We welcome many international patients each year. A great effort is made to ensure that their psychological as well as their clinical needs are addressed. A 24-hour interpreting service is available to guarantee communication between our staff, patients and their relatives. A dedicated service to liaise with embassies is also available to smooth patients' experience. We have a multi-faith chapel and provide information and entertainment through multichannel cable television, as well as international newspapers and magazines. Our catering service offers a selection of different types of freshly cooked meals, according to individual preference and faith.