



ROYALFREE
world class care and expertise

Private Patients

Sports Injury Management

at The Private Physiotherapy Clinic,
The Royal Free Hospital



- Chartered senior physiotherapists with experience treating elite athletes
- Fully equipped gymnasium and hydrotherapy pool
- Appointments within 48 hours of injury

Sports physiotherapy aims to rehabilitate the injury as quickly as possible, to ensure your early return to sport.

Early intervention helps to minimise complications such as swelling, stiffness and pain therefore reducing your time sitting on the sidelines!

Frequently asked questions:

How do I book an appointment?

Contact The Private Physiotherapy Clinic on 020 7830 2200 to make an appointment. You can refer yourself or alternatively referrals are accepted from GP's and consultants.

What times are available?

Our clinic is open from 8am to 6pm, Monday to Friday. You can often be seen within 24 hours.

How long is each session?

The initial assessment is 1 hour long. Subsequent appointments are 30-45 minutes long.

Are you recognised by medical insurance companies?

Yes, The Private Physiotherapy Clinic is recognised by all major Medical insurance companies.

GP's and Consultants

If you are interested in referring a patient to the Private Physiotherapy Clinic, please fax or post a referral to the contact provided. We endeavour to devise appropriate exercise programmes within the parameters of any prescribed protocol of the referring physician or surgeon. If you would like to discuss this further, please give us a call on the number provided.

To find out more contact us on:

T: 020 7830 2200

E: private.physiotherapy@royalfree.nhs.uk

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