



**ROYALFREE**  
world class care and expertise

Private Patients  
reinvesting back into the NHS



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## GP Education Seminar Programme

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in partnership with  
essentially medical

# Welcome

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## Royal Free London NHS Foundation Trust Private Patients Unit

Located in the heart of Hampstead Heath, the Royal Free London Private Patients Unit combines the convenience, comfort and personalised attention of a Private Hospital with the very best state-of-the-art services, technology and professional excellence you would expect from a top London teaching hospital.

We are proud to bring the very best skills and standards of the NHS to the benefit of our private patients and in doing so, support the continued development of the NHS and the Royal Free London through our success.

## About the Royal Free London

The Royal Free London NHS Foundation Trust is one of the UK's leading teaching and research trusts and it sees patients from all over the world. The trust consists of the Royal Free Hospital and a network of clinics provided at other trusts' hospitals and community sites.

We have been pioneering research and treatments since 1828 and continue to lead improvements in healthcare in the 21st century, from targeted cancer therapies to new surgical procedures. As well as offering an exceptionally wide range of services to patients, we are a campus of University College Medical School and conduct important medical research, much of it of international status. A founding member of the academic health science network UCL Partners, we also train doctors, nurses, midwives and many other clinical and non-clinical professionals.

For many years the Royal Free London has had some of the lowest mortality rates in the UK and currently mortality is the second lowest. The RFL is one of the first NHS Trusts to require staff to be "bare below the elbows" which has ensured their continuing excellent record in infection control.

## Our Areas of Excellence

- amyloidosis
- breast surgery
- cardiology
- clinical oncology
- dermatology
- endocrinology
- gastroenterology
- general surgery
- geriatric medicine
- gynaecology
- haematology
- haemophilia
- hepatology
- hepatopancreato biliary surgery
- immunopathology
- infectious diseases
- nephrology
- neurology
- nuclear medicine
- oncology
- ophthalmology
- orthopaedics & trauma
- plastic & reconstructive surgery
- respiratory medicine
- rheumatology
- urology
- vascular surgery

# Programme

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## Thursday 1st May

- 6:00pm Registration
- 6:25pm Introduction by GP Chairman – *Dr Martin Harris*
- 6:30pm **Session 1:**  
Food allergy – Top tips for primary care consultation  
– *Dr Rahul Chodhari*
- 7:10pm **Session 2:**  
Chronic kidney disease: my top tips!  
– *Dr Peter Dupont*
- 7:50pm Presentation – *Mrs Frances Campion-Smith, Private Patients Unit, Royal Free Hospital*
- 7:55pm 3-course seated dinner
- 8:40pm **Session 3:**  
Update on diabetes – *Dr Mark Vanderpump*
- 9:20pm Raffle

## Sponsors

- Boehringer-Ingelheim
- Bristol Myers Squibb
- Dermal Laboratories
- Galderma
- Internis
- Meda Pharmaceuticals
- A.Menarini
- Re-Cognition Health
- Roche Diagnostics
- Typharm

*The following companies have kindly donated prizes for the raffle being held in aid of Macmillan Cancer Relief:*

- Algeo Ltd
- Dermal
- Gama Healthcare Ltd
- Henry Schein
- Sterifeed
- Titan Furniture



# Consultant Speakers

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## **Dr Rahul Chodhari**

MMBBS, MRCP, FRCPCH, MSc (Molecular biology and Immunology)

*Consultant Paediatrics and Child Health,  
Allergy and Immunology*

Dr Chodhari qualified in Medicine in 1993. His subsequent paediatric training has included working at Royal Brompton, Royal Marsden, University College London and Great Ormond Street Hospitals. In 2002, he was awarded the prestigious Wellcome Trust clinical Fellowship and undertook research at University College London, focusing on respiratory problems in children such as recurrent chest infections.

After obtaining accreditation, in 2008, he was appointed as Consultant Paediatrician at the Royal Free London NHS Foundation trust. He is a founding member of a popular "one stop" paediatric allergy service offering holistic allergy care for children in North London. The clinic boasts a multidisciplinary team including an allergy nurse, dietician and instant opinion form allied specialities such as Gastroenterology and ENT. The allergy clinic offers a full range of diagnostic tests, including skin prick tests and food challenges. Recently NHS England has granted the tertiary paediatric allergy status, recognising the advanced diagnostic options (Recombinant IgE testing, Spirometry and Exhaled Nitric Oxide) and specialised treatments (such as immunotherapy), which it has to offer.

# Consultant Speakers

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## **Dr Peter Dupont**

PhD, FRCPI

*Consultant Nephrologist and Clinical Lead for Private Dialysis Unit*

Dr Dupont qualified from the Royal College of Surgeons Medical School, Dublin in 1993. He trained in Nephrology on the North Thames specialty training scheme and completed a PhD in transplantation immunology at Imperial College London, Hammersmith Hospital in 2005. He was appointed Consultant Nephrologist/Honorary Senior Lecturer at the Royal Free Hospital, London in 2006 and became a Fellow of the Royal College of Physicians in Ireland in 2008.

He has a subspecialty interest in renal transplantation including pre-transplant assessment, infectious complications of transplantation and management of chronic allograft dysfunction. He is principal investigator for a number of clinical trials in renal transplantation. Dr Dupont is member of the Renal Association, British Transplantation Society and the London Transplant Research Network.



## **Dr Mark Vanderpump**

MB ChB, MRCP, MD, CCST in General Medicine, Endocrinology and Diabetes, FRCP

*General Medicine and Endocrinology Consultant*

Dr Vanderpump's prime area of expertise is thyroid disease but his main clinical practice includes all aspects of diabetes and endocrinology. Dr Vanderpump has published papers on various aspects of thyroid disease and various aspects of thyroid disease. Dr Vanderpump has also served on the Executive Committee of the British Thyroid Association (2002–2008).

# Menu

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## Starters

### Homemade Soup

*Served with fresh baguette and butter*

### Roast Aubergine

*Stuffed with peppers and goat's cheese*

### Prawn Cocktail

*Warm-water prawns in a delicious Marie Rose sauce*

### Chicken Liver Paté

*Served with toasted bread and butter*

## Mains

### Gourmet Beef or Chicken Burger

*Served in burger bun with lettuce, tomatoes, mustard, mayonnaise, salad and chips*

### Pan Seared Fillet of Salmon

*Served with roast potatoes, vegetables and a Hollandaise sauce*

### Pan Seared Chicken Breast in white wine sauce

*Served with mushroom sauce, potatoes and vegetables*

### Courgette and Mushroom Cannelloni

*Topped with vegetarian cheese served with salad*

## Desserts

### New York-Style Cheesecake

*Oven baked creamy vanilla cheesecake on a biscuit crumb base*

### Bramley Apple Pie

*Served hot or cold with ice-cream or custard*

### Fresh Fruit Salad

### Ice-cream

### Tea & Coffee